



## Articles eligible for FAWM credits

(as of December 5, 2023)

**Red text** – core credits

**Blue text** – elective credits

2811 - An Assessment of Diarrhea Among Long-Distance Backpackers in the Sierra Nevada - Derek J. Meyer, MD, et al.

*02-009 Traveler's Diarrhea (1 Credit Hours)*

2812 - The Effects of a 36-Hour Mixed Task Ultraendurance Race on Mucosal Immunity Markers and Pulmonary Function - David Bellar, PhD, et al.

*07-001 Exercise Physiology (1 Credit Hours)*

2813 - WMS Practice Guidelines for Prev. and Management of Avalanche and Non-Avalanche Snow Burial Accidents - Christopher Van Tilburg, MD, et al.

*09-037 Suffocation in Powder Snow (0.5 Credit Hours)*

*03-025 Overview of Avalanche (0.5 Credit Hours)*

2821 - Prophylactic Acetaminophen or Ibuprofen Result in Equivalent Acute Mountain Sickness Incidence at High Altitude - Nicholas C. Kanaan, et al.

*03-022 High Altitude Pharmacology (1 Credit Hours)*

2822 - Animal, Microbial, and Fungal Borne Skin Pathology in the Mountain Wilderness: A Review - William E Brandenburg, et al.

*02-054 Infectious Disease in Adventure Travel (1 Credit Hours)*

2823 - Prevention of Friction Blisters in Outdoor Pursuits: A Systematic Review - Robert Worthing, Raechel Percy, Jeremy Joslin

*05-008 Foot Gear and Care of the Feet (1 Credit Hours)*

2831 - Cervical Spine Alignment in Helmeted Skiers and Snowboarders with Suspected Head and Neck Injuries - Jared Murray, BA; David A. Rust, MD

*12-033 Management of Spinal Trauma (1 Credit Hours)*

2832 - Descriptive Epidemiology, Medical Evaluation, and Outcomes of Rock Climbing Injuries - James W. McDonald, MD, et al.

*03-023 Injuries from Climbing (1 Credit Hours)*

2833 - Similarities Between Large Animal-Related and Motor Vehicle Crash-Related Injuries - Abigail M. Tremelling, MD, et al.

*09-007 Animal Attacks (1 Credit Hours)*

2841 - Exercise-Associated Hyponatremia, Hypernatremia, and Hydration Status in Multistage Ultramarathons - Brian J. Krabak, et al.

*07-017 Exercise-Associated Hyponatremia (1 Credit Hours)*

2842 - Trends in Skin and Soft Tissue-Related Injuries in NOLS Wilderness Expeditions - Kimberly A. Stanford, et al.

*12-010 Soft Tissue Injuries and Contusions (1 Credit Hours)*

2843 - Proton Pump Inhibitor Use Is Associated With a Reduced Risk of Infection with Intestinal Protozoa - Johnathan M. Sheele

*02-005 Parasites & Protozoal infections in the Traveler (1 Credit Hours)*

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2911 - An Update on Fatalities due to Venomous and Non-Venomous Animals in the US (2008-2015) - Jared A. Forrester, et al.

*09-008 Overview of Envenomation (1 Credit Hours)*

2912 - Cutaneous Vascular Responses of the Hands and Feet to Cooling, Rewarming, and Hypoxia in Humans - Heather C. Massey, et al.

*09-036 Cold Physiology (1 Credit Hours)*

2913 - Knowledge of the Avalanche Victim Resuscitation Checklist and Utility of a Standardized Lecture in Italy - Giacomo Strapazzon, et al.

*03-020 Avalanche Rescue (1 Credit Hours)*

2921 - Effect of Helmet Use on Traumatic Brain Injuries and Other Head Injuries in Alpine Sport - Nicolas Bailly, et al.

*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*

2922 - Snakebites Treated in North Carolina Emergency Departments, 2013 - 2015 - Katherine J. Harmon, et al.

*09-020 Envenomation by Reptiles (1 Credit Hours)*

2923 - Hospital-Treated Snow Sport Injury in Victoria, Australia: A Summary of 2003 - 2012 - Emma J. Siesmaa, et al.

*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*

2931 - Case Report: Severe Frostbite in Extreme Altitude Climbers - The Kathmandu Ilprost Experience - Prativa Pandey, et al.

*09-002 Frost Bite and Trench Foot (1 Credit Hours)*

2932 - Metabolic Demand of Hiking in Wildland Firefighting - Joseph A. Sol, et al.

*07-001 Exercise Physiology (1 Credit Hours)*

2933 - Causes of Death Among Avalanche Fatalities in Colorado: A 21-Year Review - Alison Sheets, et al.

*06-002 Avalanche Rescue (1 Credit Hours)*

2941 - Climbing-Related Injury Among Adults in the United States: 5-Year Analysis of the National Emer. Dept. Sample - Joseph D. Forrester, et al.

*03-023 Injuries from Climbing (1 Credit Hours)*

2942 - Medical Incidents and Evacuations on Wilderness Expeditions for the Northwest Outward Bound School - Forrest C. Wells, Craig R. Warden

*12-001 Overview of Medical Emergencies in the Wilderness (1 Credit Hours)*

2943 - The Effects of Acetazolamide on Exercise Performance at Sea Level and in Hypoxic Env. - Alexander M. Posch, Stewart Dandorf, David C. Hile

*03-022 High Altitude Pharmacology (1 Credit Hours)*

3011 - Reduced Acetazolamide Dosing in Countering Altitude Illness - Scott E. McIntosh, et al.

*03-022 High Altitude Pharmacology (1 Credit Hours)*

3012 - Epidemiology of Cardiac Events During Prehospital Care in Mountain Rescues - Carmen M. Martinez-Caballero, Eva Sierra Quintana

*03-007 The Effect of High Altitude on Underlying Medical Problems (1 Credit Hours)*

3013 - Success Rates with Digital Intubation - Andrew L. Juergens II, et al.

*12-017 Emergency Airways (1 Credit Hours)*

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of Wilderness Medicine

3021 - Impact of a Half Dome Cable Permitting Process on Search and Rescue (SAR) Activity - Susanne J Spano, et al.

*06-001 Overview of Search and Rescue (1 Credit Hours)*

3022 - BASE Jumping Injuries Presenting to Emergency Departments in the United States - Joseph D. Forrester, et al.

*07-018 Overview of Sports Medicine (1 Credit Hours)*

3023 - Environmental Deaths in the Northern Territory of Australia, 2003-2018 - Marianne Tiemensma

*12-048 Medicine in Austere Settings (1 Credit Hours)*

3031 - Cougar (*Puma concolor*) Injury in the United States - Yoyo Y. Wang, Thomas G. Weiser, Joseph D. Forrester

*09-007 Animal Attacks (1 Credit Hours)*

3032 - Risk of Death and Major Injury from Natural Winter Hazards in Helicopter and Snowcat Skiing in Canada - Matthias Walcher, et al.

*07-007 Injuries from Skiing and Snow Boarding (1 Credit Hours)*

3033 - Recovery of Heart Rate Variability After Exercise Under Hot Conditions: The Effect of Relative Humidity - Oriol Abellan-Aynes, et al.

*16-024 Techniques for Effective Heat Acclimatization (1 Credit Hours)*

3041 - WMS Practice Guidelines for the Prevention and Treatment of Frostbite: 2019 Update - Scott McIntosh, et al.

*09-002 Frost Bite and Trench Foot (1 Credit Hours)*

3042 - WMS Practice Guidelines for the Prevention and Treatment of Heat Illness: 2019 Update - Grant S. Lipman, et al.

*09-009 Heat Illness and Dehydration (1 Credit Hours)*

3043 - WMS Practice Guidelines for the Treatment and Prevention of Drowning: 2019 Update - Andrew C. Schmidt, et al.

*09-004 Submersion Injuries (1 Credit Hours)*

3111-Exercise in Thermal Inversions: PM2.5 Air Pollution Effects on Pulmonary Function and Aerobic Performance - Dale Wagner

*09-024 Special Heat Problems in Urban Settings (1 Credit Hours)*

3112-Cardiovascular Disease and Triathlon-Related Deaths in the United Kingdom - Jeremy S. Windsor, et al.

*02-007 Chronic Medical Conditions and Wilderness Traveler (1 Credit Hours)*

3113-WMS Clinical Practice Guidelines for the Management of Exercise-Associated Hyponatremia: 2019 Update - Brad Bennett, et al.

*07-017 Exercise-Associated Hyponatremia (1 Credit Hours)*

3121- Hypertension and Acute Mountain Sickness in Himalayan Trekkers in Nepal - Charles Duke, et al.

*03-002 High Altitude Disorders (1 Credit Hours)*

3122- Aviation Sports Crashes in the Austrian Mountains: A 10-Year Retrospective Study - Bernd Wallner, et al.

*09-012 Aerospace Medicine (1 Credit Hours)*

3123- Total Energy Intake and Self-Selected Macronutrient Distribution During Wildland Fire Suppression - Brent Ruby, et al.

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of Wilderness Medicine

*09-011 Nutrition in Extreme Environments (1 Credit Hours)*

3131- Evaluation of Three Field Rewarming Techniques During Cold Weather Military Training - Douglas Jones, et al.

*09-019 Recognition and Management of Hypothermia (1 Credit Hours)*

3132- Developing Cricothyroidotomy Skills Using a Biomaterial-Covered Model - Cigdem Ozkaya Senuren, et al.

*13-010 Teaching Procedures (1 Credit Hours)*

3141- Prehospital Use of Ketamine in Mountain Rescue - Katia Vanolli, et .al.

*12-003 Pain Management in the Wilderness Setting (1 Credit Hours)*

3142 – Athlete’s Heart in Elite Sport Climbers - Isabelle Schoffl, et al.

*07-006 Injuries from Climbing (1 Credit Hours)*

3143 - Emerging Tickborne Viral Infections: What Wilderness Medicine Providers Need to Know - James H. Diaz

*02-051 Emerging Infections (1 Credit Hours)*

3144 - Determination of Death in Mountain Rescue - Corinna A. Schon, et al.

*06-012 Forensic Search and Rescue (1 Credit Hours)*

3211 - Influence of Fluid Delivery Schedule and Composition - Alejandro M. Rosales, et al.

*07-002 Homeostasis and Fluid Resuscitation (1 Credit Hours)*

3212 - Altitude Related Disorders on Mt. Kilimanjaro, Tanzania - Marieke C.J. Dekker, et al.

*03-002 High Altitude Disorders (1 Credit Hours)*

3213 - Acute Kidney Injury Following Star Fruit Ingestion- Nalaka Herath, et al.

*09-010 Plant Toxins and Dermatitis (1 Credit Hours)*

3221 - The Role of ProBNP on Prognosis in Scorpion Stings- Ufuk Utku Gullu, et al.

*16-002 Desert Arthropods (1 Credit Hours)*

3222- Underrecognized Tickborne Illnesses: Borrelia Miyamotoi and Powassan Virus - David Della-Giustina, et al.

*02-002 Tic-borne Illness (1 Credit Hours)*

3223- Evaluation of Environmental Conditions on Self-Selected Work and Heat Stress in Wildland Firefighting - Joseph A. Sol, et al.

*05-030 Fire Safety for Wildlands (1 Credit Hours)*

3231 - Evaluation of High Altitude Interstitial Pulmonary Edema in Healthy Participants - Craig D. Nowadly, et.al.

*03-008 High Altitude Pulmonary Edema (1 Credit Hours)*

3232 - Comparison of Radiographic, Ultrasound, and Magnetic Resonance Imaging - Christanne H. Coffey, et al.

*01-006 Marine Envenomations (1 Credit Hours)*

3241 - The Impact of Extreme Heat Events on Emergency Departments in Canadian Hospitals, Fraser Kegel, et al.

*09-024 Special Heat Problems in Urban Settings (1 Credit Hours)*

3242 - Closed Reduction of Anterior Shoulder Dislocations Performed by Ski Patrollers in the Alpine Prehospital Environment, Jamin M. Mulvey, et al.

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of Wilderness Medicine

*12-025 Management of Shoulder Injuries (1 Credit Hours)*

3243 - Tree Stand-Related Injuries in Nonadmitted and Admitted Patients at a Level 2 Trauma Center in Michigan, Alan A. Lazzara Jr, et al.

*12-036 Hunting Injuries (1 Credit Hours)*

3244 - Wilderness Medical Society Clinical Practice Guidelines for the Prevention and Management of Tick-Borne Illness, Benjamin M. Ho, et al.

*02-002 Tic-borne Illness (1 Credit Hours)*

3311 - Foot-Launched Flying Sport Fatalities in the Canton of Berne, Switzerland, Fabio O. Soldati, et al.

*09-012 Aerospace Medicine (1 Credit Hours)*

3312 - Wilderness Medical Society Clinical Practice Guidelines on Anaphylaxis, Flavio G. Gaudio, et al.

*09-013 Anaphylaxis (1 Credit Hours)*

3321 - Travel Associated Venous Thromboembolism, Thomas G. DeLoughery, et al.

*02-017 Travel Medicine (1 Credit Hours)*

3322 - Nonfreezing Cold Injury and Cold Intolerance in Paddlesport, Ben Oakley, et al.

*09-001 Cold Injuries (1 Credit Hours)*

3323 - Avalanche Preparedness and Accident Analysis Among Backcountry Skier, Sidecountry, and Snowmobile Fatalities, Humairat H. Rahman, et al.

*07-012 Medical and Safety Aspects of Backcountry Skiing and Snowboarding (1 Credit Hours)*

3331 - Intranasal Fentanyl for On-the-hill Analgesia by Ski Patrol, Tierra V. Lynch, et al.

*12-003-1 Pain Management in the Wilderness (1 Credit Hours)*

3332 - *Russula subnigricans* Poisoning Causes Severe Rhabdomyolysis That Could be Misdiagnosed as Non-ST Segment Elevation MI, Mun Ki Min, et al.

*09-010-1 Plant Toxins (1 Credit Hours)*

3333 - Early Use of Iloprost in Nonfreezing Cold Injury, Adam Tam, et al.

*09-002-1 Frost Bite and Trench Foot (1 Credit Hours)*

3341- Comparison of Intravenous Paracetamol, Dexketoprofen Trometamol or Topical Lidocaine Use for Pain Relief in Scorpion Stings: A Placebo-controlled, Randomized Study, Kasim Turgut, et al.

*09-016 Envenomation by Arachnid (1 Credit Hours)*

3342 - Angina And Arrhythmia Symptoms Following Multiple Bee Stings: Kounis Syndrome, Selen Acehan, et al.

*09-014-01 Hymenoptera Bites and Stings (1 Credit Hours)*

3343 - Lichtenberg Figures: How a Cutaneous Sign Can Solve Suspicious Death Cases, Syrine Azza Manoubi, et al.

*09-003-1 Lightning Injuries (1 Credit Hours)*

3344 – Head Injuries in Rock Climbing: A Scoping Review, Joo Hyung Yoon, et al.

*07-006-1 Injuries from Climbing (1 Credit Hours)*

3411 – Evaluation of Ecoli Inactivation at Hight Altitude with Solar Water Disinfection, Kylie Van Hoesen, et al.

*08-005-1 Water Purification Methods (1 Credit Hours)*

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3412 – Epidemiology of Emergency Medical Search and Rescue in the North Shore Mountains of Vancouver, Canada, from 1995 to 2020, Dylan Collins, et al.

*06-001 Overview of Search and Rescue (1 Credit Hours)*

3413 – Practical Guidance for Crafting Original Research Manuscripts, Neal W. Pollock

*14-009 Formulating the Research Proposal (1 Credit Hours)*

3421 - Prevention and Treatment of Nonfreezing Cold Injuries and Warm Water Immersion Tissue Injuries: Supplement to Wilderness Medical Society Clinical Practice Guidelines for the Prevention and Treatment of Frostbite, K. Zafren, et al.

*09-002 Frost Bite and Trench Foot (1 Credit Hours)*

3422 - First Trimester Pregnancy: Considerations for Wilderness and Remote Travel, Christanne Coffey, et al.

*02-012 Women's Issues in Travelling (1 Credit Hours)*

3423 - External Hemorrhage Control Techniques for Human Space Exploration: Lessons from the Battlefield, Thoolen, et al.

*12-049 Hemorrhage Control Techniques (1 Credit Hours)*

3431 - Out of Hospital Cardiac Arrests During Mass-Participation Endurance Events: A Case Series, Sarah Morton, et al.

*12-001 Overview of Medical Emergencies in the Wilderness (1 Credit Hours)*

3432 - Compartment Syndrome after Crotalid Envenomation in the United States: A Review of the North American Snakebite Registry 2013-2021 On Behalf of the Toxic Snakebite Study Group, Meghan B. Spyres, et al.

*09-020 Envenomations by Reptiles (1 Credit Hours)*

3433 - Psychological First Aid for Wilderness Trauma: Interventions for Expedition or Search and Rescue Team Members, Amanda R. Mortimer, et al.

*12-022 Psychological Response to Injury and Crisis (1 Credit Hours)*

3441 – Point-of-Care Ultrasound Transmission for Remote Interpretation in Austere Environments, C. Haines, et al.

*02-023 Medical Kits for Exotic Travel (1 Credit Hours)*

3442 - Austere Diagnosis and Reduction of Anterior Shoulder Dislocations: 10 Year Review of a Ski Patrol-Based Program with Emergency Medical Technicians, B. Pringle, et al.

*12-008 Fractures and Dislocations (1 Credit Hours)*

3443 - Observational Study of Self-Reported Offshore Sailing-Related Injuries in a Wide Range of Amateur and Professional Sailors, J. Forycka, et al.

*12-001 Overview of Medical Emergencies in the Wilderness (1 Credit Hours)*